



RC Product Code: 13443

Rich-Fil-Yay! Chicken Sandwich

with Rich-Fil-Yay! Dill Seasoned Whole Grain Breaded Chicken Breast Fillet, Fully Cooked

www.richchicks.com

Serving Size: 1 Sandwich
Yield: 100 Servings
Contribution: 2oz Meat/Meat Alternate, 2.5oz Grains
Smart Snack: Smart Snack Compliant



Smart Snack Artisan Dill Seasoned

Nutritional Information for 1 Serving

Portion	1 Sandwich	Cholesterol (mg)	53
Calories	335	Sodium (mg)	700
Total Fat (g)	9.5	Total Carbohydrates (g)	34
Saturated Fat (g)	1.5	Sugar (g)	>1
Trans Fat (g)	0	Protein (g)	24
Sugar (g)	4		

Ingredients

Amount

Instructions

Rich Chicks Rich-Fil-Yay!
Dill Seasoned WG Breaded
Chicken Breast Fillet

30lbs

Place Chicken Fillets on sheet pan. Heat at 350° F in a convection oven for 10-12 minutes or until product reaches an internal temperature of 165° F.

WG Hamburger Buns

9 dozen

Place heated Chicken Fillet on bottom portion of roll, add top, wrap and serve with 1 mustard packet.

Mustard Packet 5.5 grams

100

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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